

Charlottes Profile



The things people like and admire about me are...

Kind

Loves baking

Enjoys having a laugh

Likes animals

Enjoys pilates

Motivated

What makes me happy

Long walks in the country

A good book

Helping others

Learning about sensory integration

Chocolate!

How I like to be supported...

For people to be happy in my sessions I ask for you to be honest with me about your likes and dislikes as the aim is always to have fun together.

Please arrive for sessions in comfy clothes, and remove any jewellery beforehand.