

The things people like and admire about me are...

- Friendly
- Help others
- Like to talk to

people and find

out what they are

interested in

Like to have fun



What makes me happy

- Arts and crafts, and making things
- Listening to music
- ❖ Helping people
- Going on adventures
- Playing games and doing puzzles

How I like to be supported

- Please tell me how you are feeling
- Please tell me what makes you feel happy
- Please tell me what things you enjoy doing
- ❖ Please tell me if you would like a break