## **GINEVRA'S ONE PAGE PROFILE**



## THINGS I LOVE:

- Smiling and giggling with my 3 children
- Walking in forests and by the sea
- Crochet and going to art exhibitions
- Going to music festivals and watching bands play music
- · Being in St Ives Cornwall
- Going to the cinema
- Avocados
- Hot chocolate and white chocolate



## THINGS PEOPLE LIKE ABOUT ME:

- I am kind
- I am friendly and caring
- I can be funny and like having fun
- I am honest and loyal
- I work hard and am patient



## **HOW CAN I HELP YOU?**

- I will listen to you, and always respect your thoughts and feelings
- Sessions will be fun and include things you like to do
- You will be safe
- We will work together so you can feel better, and be better, at things that are really important to you
- I will work with you and your family, to support you to find ways to make things we do every day easier, less stressful and more enjoyable
- I will help you to see the things you are amazing at doing and to help you to feel better about yourself (because you are awesome)
- We will work really really hard at having fun and you will always be welcomed with a smile ĕ