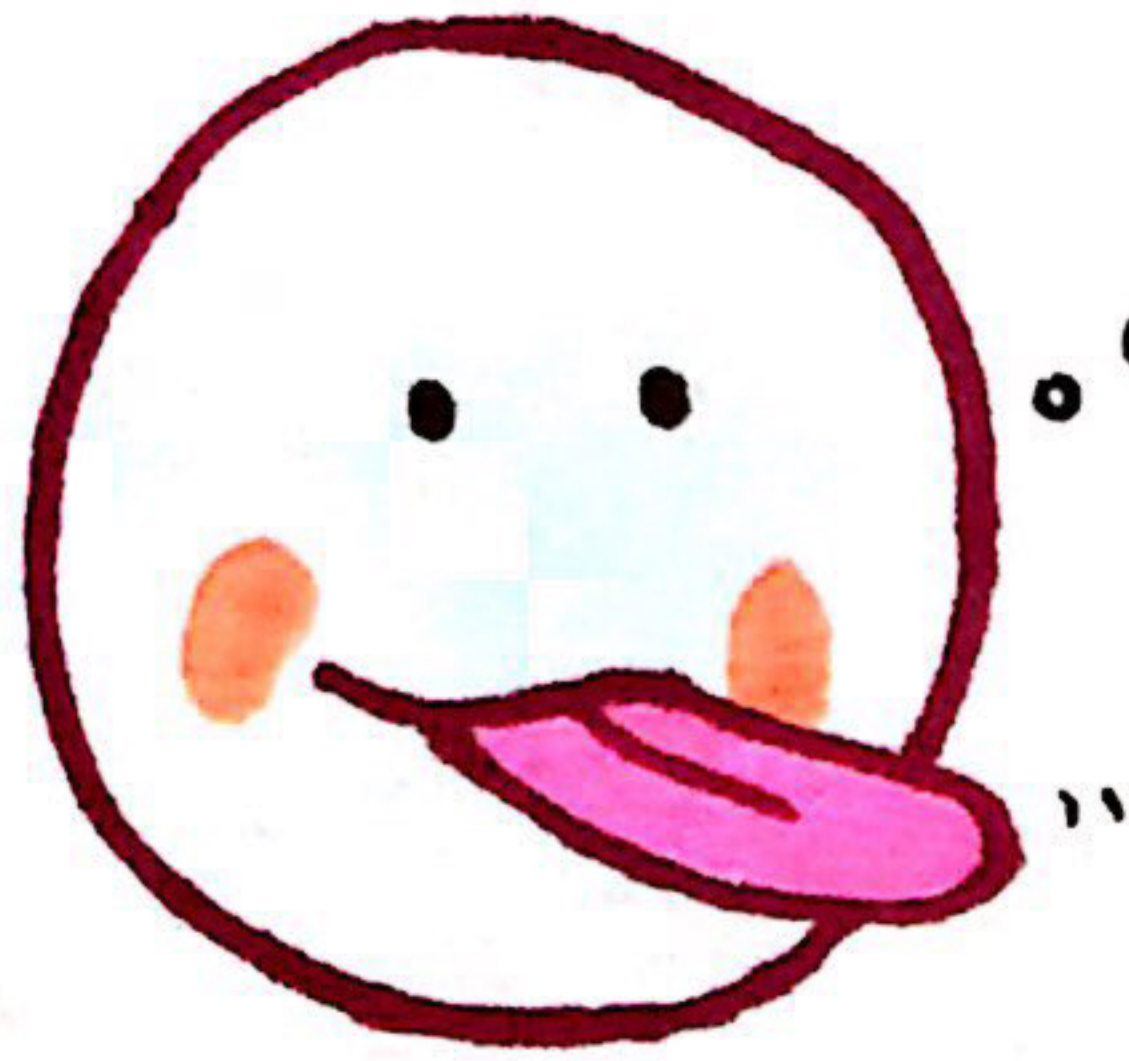
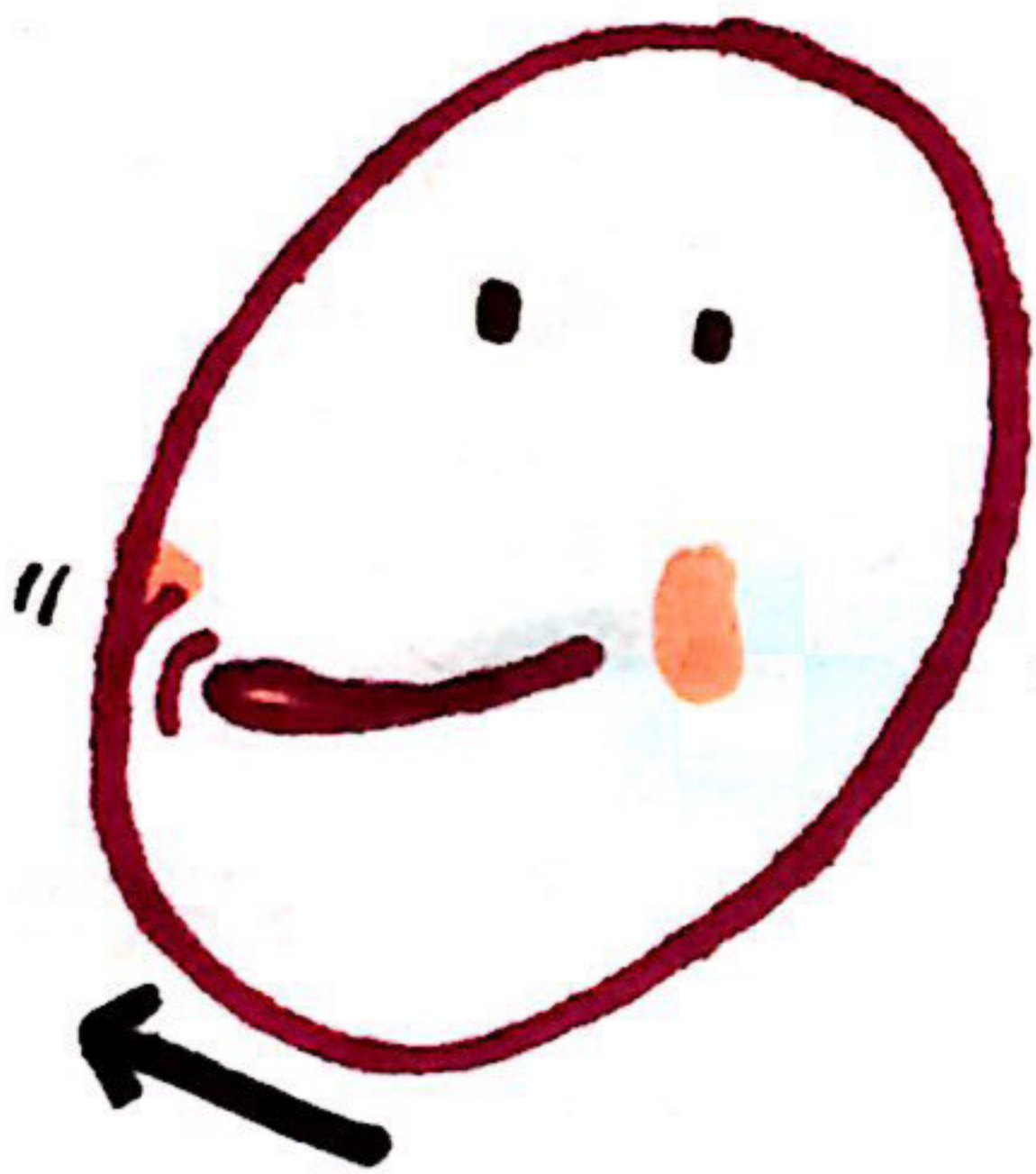


Stick your tongue out as far as you can and count to ten!



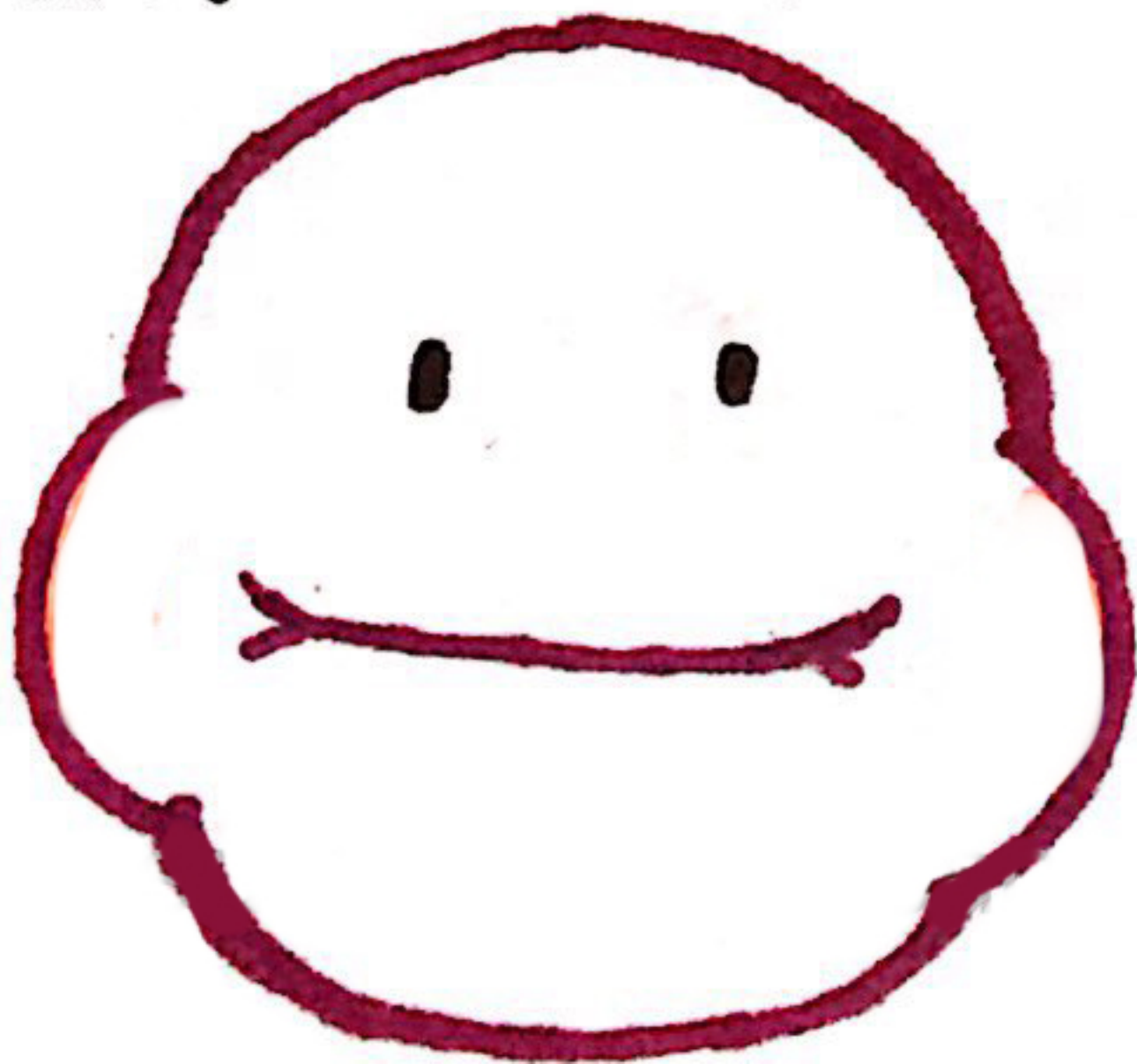
1, 2, 3, 4, 5,
6, 7, 8, 9, 10

Move your jaw left and right ten times!



x10!

Fill your cheeks with air, and keep it there with my lips tightly closed!) for the count of ten!



sen-si