



# Raf



## What people like and admire about me...

I am kind and caring

I am calm

I am interested in people, and like to listen to them and help them if they have a problem

I am keen to play different games, or paint and draw with people



## What makes me happy

- ☺ Painting, drawing and making things
- ☺ Talking with people
- ☺ Listening to different kinds of music, loud or quiet
- ☺ Being outside in nature
- ☺ Reading books
- ☺ Meditating
- ☺ Making stories

## How I want to be supported

Please tell me how you are feeling

Let me know what you like doing and what you don't like doing

Be yourself ☺

Let me know if you would like a break

