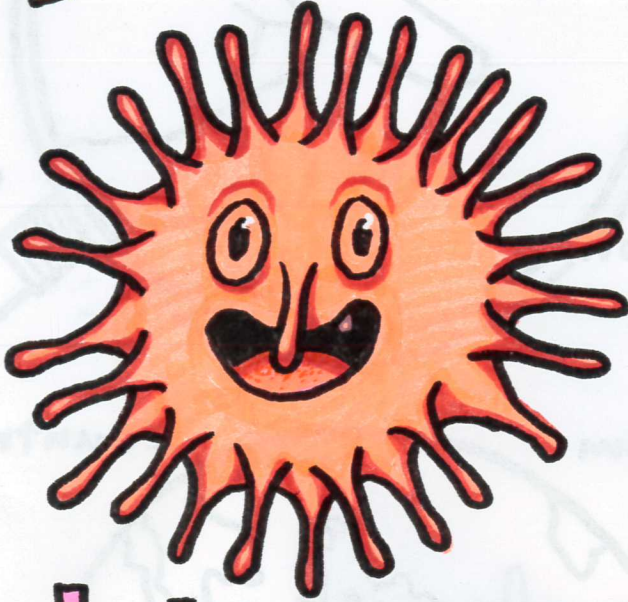


Hi there, my name is  
**Coronavirus.**



and I am a virus,  
good friends with  
the flu  
and  
the normal cold!

I like to travel! 2



From person  
to person

And from country...



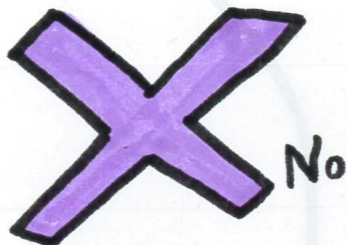
to  
country!

Sen-si





Have you heard  
about me?



How do you feel when you  
hear my name?



**Frustrated**



**Nervous**



**Scared**



**Uncomfortable**



**Overwhelmed**



**Confused**

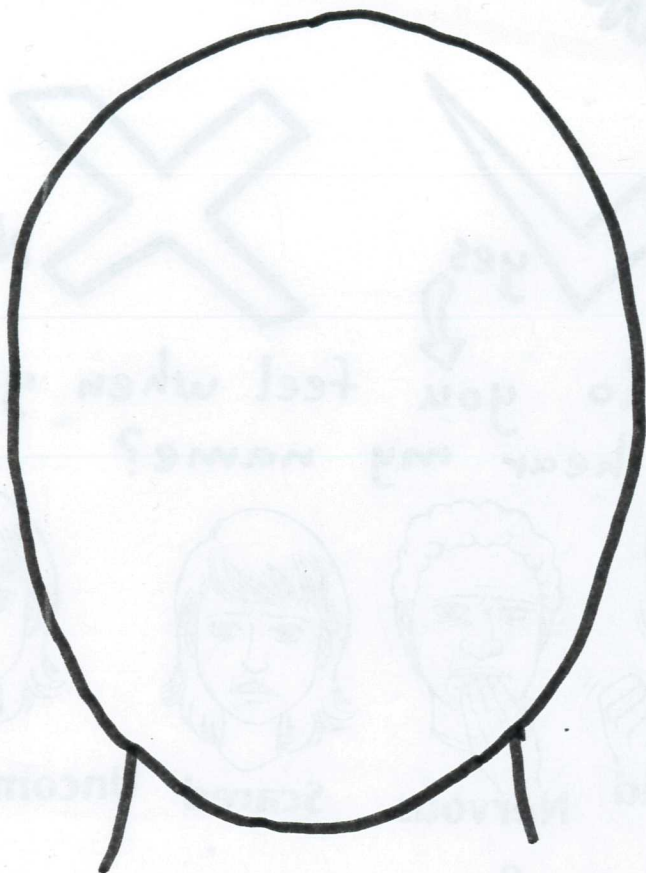


**Sad**



**Anxious/Worried**

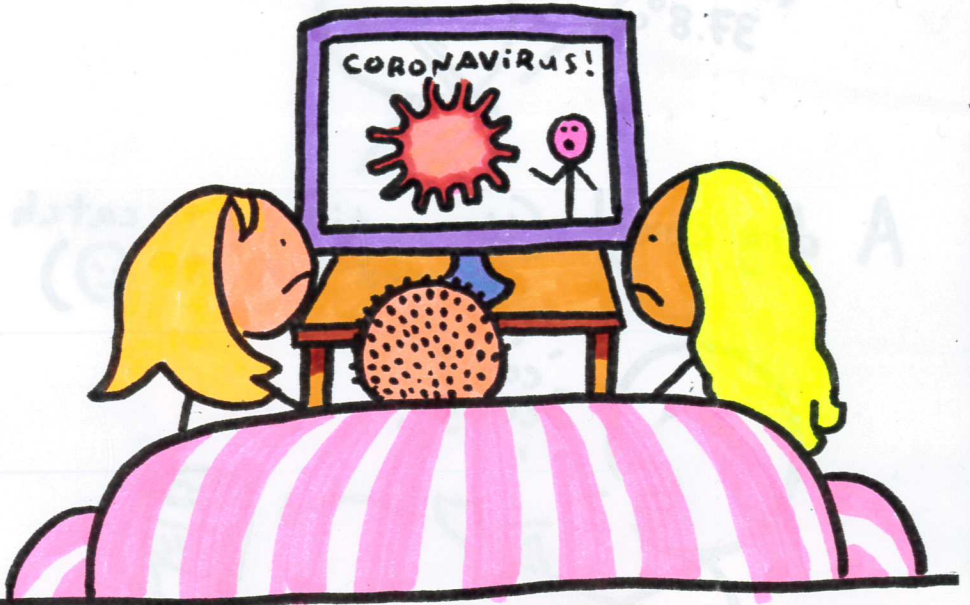
Or maybe you feel something  
else? You can draw it here! 4



And talk about it with  
someone, it always helps!



5 Sometimes people worry when they hear about me!



Its normal to worry a bit...



because when I travel on people,  
I bring them... ~~~~~>

is-  
sues



# A high temperature (Fever)

6

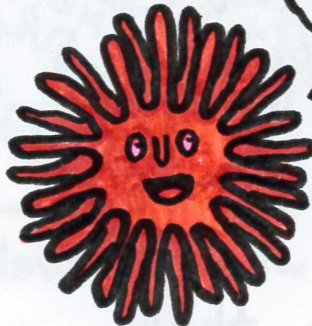
(more than  
 $37.8^{\circ}\text{C}$ )



# A dry cough (Use a tissue to catch it and bin it 😊)



# Or achy muscles!



So, sometimes  
I can make  
people feel  
ill...

**But** I don't usually stay 7  
for long, and most people get  
better!



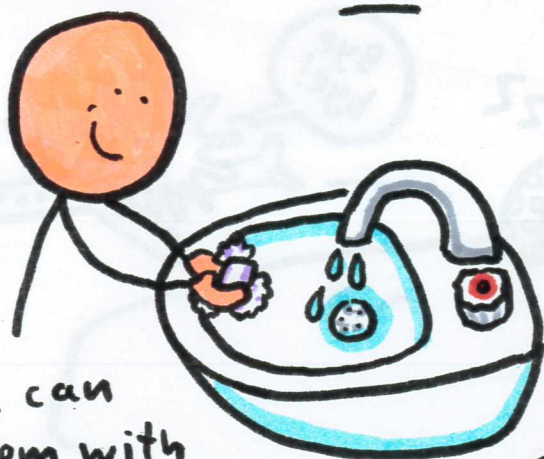
If you'd rather  
keep me away from yourself... Good news!  
There are some things you can do!

**Sen-Si**



8

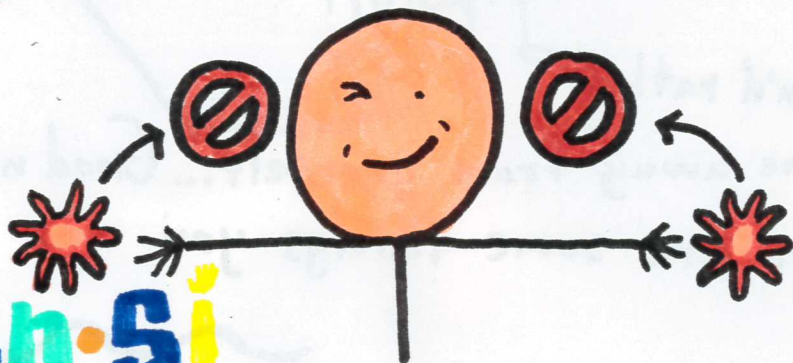
You can wash your hands  
really well with soap  
and hot water...



And you can  
clean them with  
hand-gel (Rub it all over,  
and let it dry on  
your hands.)

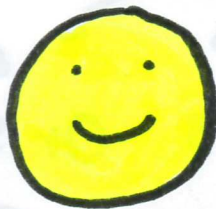


Also, try not to touch your  
face (eyes, nose, mouth), especially  
if you haven't washed your hands.

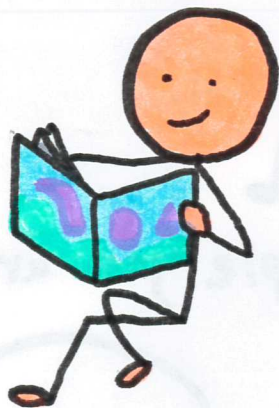




While you are staying safe, and keeping your hands clean, don't forget to still have fun, and keep yourself calm and happy!



You can read a book you like!



Or watch your favourite movie!



You can do some painting...

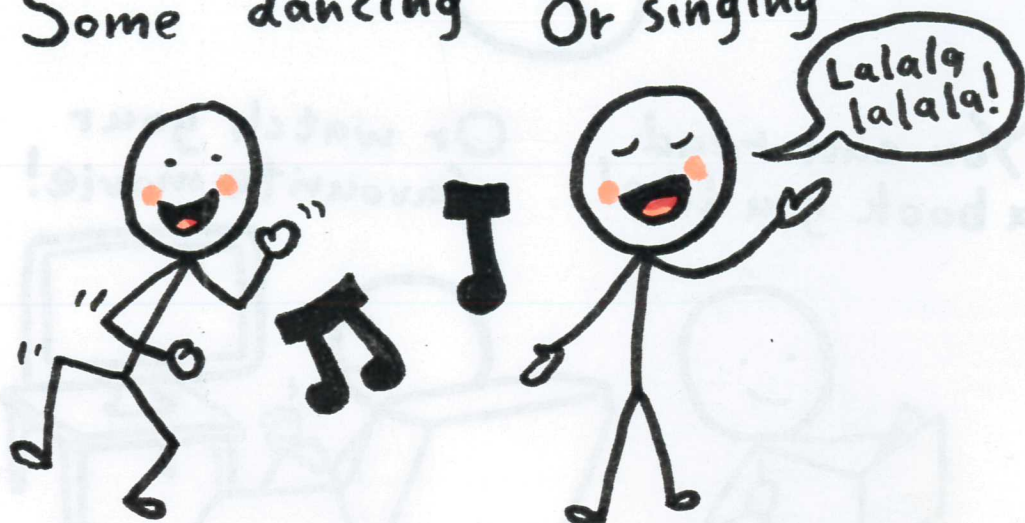


5.15.25

Or you can do some yoga! 10



Some dancing Or singing



Talking with the people you are staying with





And in general, do what makes you 11  
happy, playing what you like, and  
making the most of your time at  
home!



or

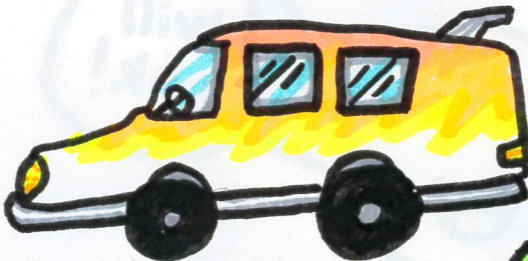
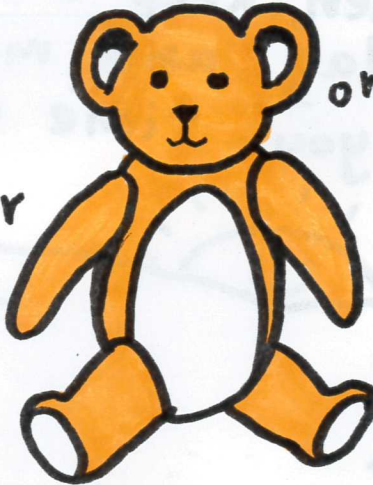
or



or

or

or



I will go away, but until then,  
wash your hands, keep them away  
from your face and other peoples  
faces. Its normal to feel worried  
or anything else, so remember,  
talking to someone always helps!  
It will make you feel better!  
It will all pass, and things will  
be back to normal!  
Until then, keep safe, talk to  
people, play and make the  
most of your time at home!

